

SCCOE Catering Services

Fresh & Natural Catering offers quality catering ideas for all of your events, meetings, and functions. Fresh & Natural can meet all of your menu and budgetary needs for all events including meetings, training sessions and individual luncheons!

Our services include Electronic Ordering and Payment, Delivery and Set-up. We prepare beautifully displayed and ready-to-serve foods with the most courteous and efficient service you will experience. Our expansive menus are able to cover any type of food desires.

Fresh & Natural Catering works hard to provide the best for any event. Below is only a standard menu of our catering offerings. If you would like additional menu options or event ideas, please contact:

Thomas Nguyen – 408-242-7954 or sccoecatering@gmail.com.

Breakfast Services

10 order minimum, unless specified. Prices are per person unless otherwise noted.



Continental Breakfast

\$6.95

Assortment of Freshly Baked Mini Breakfast Pastries, Bagels and Light Cream Cheese. Includes gourmet Coffee and Tea.

Deluxe Continental Breakfast with Fruit

\$8.50

Assortment of Freshly Baked Mini Breakfast Pastries, Bagels with Light Cream Cheese and Seasonal Sliced Fruit. Includes gourmet Coffee and Tea.

Hot Breakfast Bar

\$9.95

Scrambled Eggs, Breakfast Potatoes, and choice of Bacon or Sausage with Toast. Butter and Jam. Includes gourmet Coffee and Tea.

Breakfast Burrito

\$8.95

Breakfast Burritos /with Scrambled Eggs, Cheddar Cheese, Salsa, Potatoes, Bacon, Sausage and Ham, all wrapped up in a warm flour tortilla. Vegetarian options also available. Includes gourmet Coffee and Tea.

Breakfast Quiche

\$6.95

Please select between Meat or Vegetarian. Includes gourmet Coffee and Tea.

Breakfast Quesadilla **\$6.95**
Please select between Meat or Vegetarian. Comes with Salsa and Sour Cream. Includes gourmet Coffee and Tea.

Lox & Bagels **\$6.95**
Smoked Lox, Cream Cheese, Bagels, Sliced Tomatoes, Onions, Capers and Hard Boiled Eggs. Includes gourmet Coffee and Tea.

Seasonal Sliced Fruit Bowl **\$3.95**
Breakfast Fruit Bowl- Seasonal Fruits.

Oatmeal Bar **\$2.95**
Hot oatmeal with a toppings bar that includes brown sugar, granolas, and dried fruits.

Yogurt Bar **\$2.95**
Delicious yogurt with a toppings bar that includes nuts, brown sugar, granolas, and fresh and dried fruits.

Breakfast Sandwich **\$3.95 each**
Your choice of Bacon or Ham or Sausage or Vegetarian with Eggs & Cheese on Toast or English Muffin.

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| Hard Boiled Egg | \$1.25 |
| Fruit & Yogurt Parfait w/ Granola | \$3.95 |
| Gluten Free Fruit & Yogurt Parfait | \$3.95 |
| Yogurt Cup | \$1.75 |
| Greek Yogurt Cup | \$2.25 |
| Muffins | \$2.45 |
| Danish and Pastries | \$2.45 |
| Doughnuts | \$1.50 |
| Bagels and Cream Cheese | \$2.25 |

Entrée Salads

All entree salads are individually boxed. All salads include a Roll, and Bottled Water/Spa Water or Can Soda. 10 order minimum, unless specified. Prices are per person.



The Classic Caesar

\$8.95

Crisp Romaine with House made Caesar Dressing, Toasted Herb Croutons and Fresh Shredded Parmesan Cheese.

Add Grilled Chicken Breast +\$2.00

Cobb Salad

\$10.95

Fresh Greens topped with Grilled Chicken Breast, Tomato, Chopped Bacon, Bleu Cheese and Cracked Pepper. Served with Bleu Cheese or Ranch Dressing.

Oriental Chicken Salad

\$10.95

Crisp Iceberg Lettuce, Chow Mein Noodles, Grilled Chicken, Cilantro, Mandarin Oranges, Roasted Peanuts, Almonds and Sesame Ginger Dressing.

Southwestern Chicken Salad

\$10.95

Shredded Iceberg Lettuce, Sliced Chicken Breast, Sliced Tomatoes, Black Olives, Caramelized Corn, Cilantro and Mexican Blend Cheese and Chipotle Ranch Dressing.

Greek Salad

\$10.95

Chicken or Roasted Vegetables, Sliced Cucumbers, Tomatoes, Kalamata Olives, Red Onions, Crumbled Feta Cheese and Lemon Oregano Vinaigrette dressing.

Chef's Salad

\$10.95

Fresh Greens topped with chopped Turkey & Ham, American & Swiss Cheeses, Tomatoes, Cucumbers, Eggs and Home Style Ranch Dressing.

Fresh & Natural House Salad

\$10.95

Fresh Spinach topped with Grilled Chicken Breast, Cranberries, Candied Walnuts, Pears, Bleu Cheese and Balsamic Vinaigrette Dressing.

Vegan Power Salad

\$10.95

Mixed Greens topped with our Bean Blend, Avocado, Bell Peppers, Cucumbers, Olives, Tomatoes and House Vinaigrette Dressing.

**Seafood and Vegetarian Options Available Upon Request*

Gourmet Sandwiches

All sandwiches include Bottled Water/Spa Water or Can Soda. 10 order minimum, unless specified. Prices are per person.



Classic Sandwich Box

\$9.95

Deli sandwich made to order featuring fresh meats, cheese and produce with house made sauces. Includes a side of whole Fruit and Chips.

Choice of:

- Ham
- Roast Beef
- Turkey
- Tuna Salad
- Fresh Garden Vegetable w/ Avocado
- Grilled Vegetables

GLUTEN FREE options available +\$1.00

Add Cookie + \$1.00 each

Substitute Carrot Sticks for Chips +\$0.50

Gourmet Sandwiches

\$10.95

Includes a side of Whole Fruit & Chips

Choice of:

- BBQ Chicken
- Roast Garlic Chicken
- Chipotle Chicken
- Caprese (Vegetarian)

Gourmet Sandwich Wrap

\$10.95

Hand-rolled wraps featuring gourmet meats, cheese and produce with house made sauces. Includes a side of whole Fruit and Chips.

Choice of:

- Turkey BLT

Chicken Club
Chicken Caesar
Thai Chicken Wrap w/ Peanut Sauce
Chicken Fajita Wrap
Buffalo Chicken Wrap
Gourmet Vegetarian

Add Cookie + \$1.00 each

Substitute Carrot Sticks for Chips +\$0.50

Soup Bar

House made soups made Fresh Daily served with fresh baked rolls and crackers. 10 order minimum. Prices are per person.



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| Chicken Noodle Soup | \$3.95 |
| Broccoli Cheddar Soup | \$3.95 |
| Jalapeno Corn Chowder | \$3.95 |
| Chicken Tortilla Soup | \$3.95 |
| Garden Vegetable Soup | \$3.95 |
| Clam Chowder | \$3.95 |
| Minestrone Pasta Soup | \$3.95 |
| Beef & Barley Soup | \$3.95 |
| White Bean & Ham Soup | \$3.95 |
| Lentil & Vegetable Soup | \$3.95 |
| Wonton Soup | \$3.95 |
| Italian Wedding Soup | \$3.95 |

Soup & Salad Combo \$5.95

Garden Salad or Caesar Salad with Soup of Choice. Served with Dressings, Rolls and Crackers. 10 order minimum per soup.

Chef-Inspired Entrées

Chef-inspired entrées that will enhance any event. 10 order minimum, unless specified. Prices are per person.



Mama's Lasagna

\$10.95

Your choice of Meat or Vegetarian Lasagna served with a Garden Salad and Rolls.

Pasta Marinara

\$10.95

Classic Vegetarian Marinara sauce over fresh pasta served with a Garden Salad and Rolls.

Classic Spaghetti & Meatballs

\$12.95

Delicious Meatballs with Red Sauce over Spaghetti Noodles served with a Garden Salad and Rolls.

Chicken Pasta Pomodoro

\$12.95

Penne pasta in a light Pomodoro sauce tossed with Grilled Chicken Breast, Olive Oil & Garlic served with Mixed Green Salad and Rolls and Butter.

Chicken Parmesan

\$12.95

Breaded Chicken with Tomato-Basil Sauce and Parmesan Cheese served with Pasta Marinara, Garden Salad and Rolls.

Eggplant Parmesan

\$12.95

Breaded Eggplant with Tomato-Basil Sauce and Parmesan Cheese served with Pasta Marinara. Includes Garden Salad and Rolls.

Fettuccini Alfredo

\$10.95

Fettuccini Pasta in a Creamy Alfredo Sauce served with Mixed Greens and Rolls.

Add Grilled Chicken Breast +\$2.00

Chicken Piccata

\$12.95

Grilled Chicken Breast with a Creamy Lemon Piccata Sauce served with Pasta and Vegetables.

Shrimp Scampi

\$13.95

Jumbo Shrimp in a Garlic Scampi Sauce over Linguini and served with Garlic Bread and Vegetables.

- Cheese Tortellini** **\$11.95**
 Delicious Cheese Tortellini served with our Tomato-Basil Sauce. Includes Garden Salad and Rolls.
- Stuffed Raviolis** **\$12.95**
 Delicious Raviolis served with your choice of Marinara Sauce, Pesto Sauce or Creamy White Sauce. Ravioli choices are Cheese, Mushroom or Meat. Includes Garden Salad and Rolls.
- Grilled Tofu with Roasted Ratatouille (Vegan)** **\$11.95**
 Grilled Tofu with Roasted Ratatouille and Tomato Reduction served over pasta. Includes Garden Salad and Rolls.
- Blended Grains Stuffed Peppers (Vegan)** **\$12.95**
 Specialty Grain & Quinoa Blend with Mushrooms and Herbs stuffed in Tri-color Peppers and baked to perfection! Served with a side of Marinara Sauce and Creamy White Sauce. Includes Garden Salad and Rolls.
- Taco Fiesta Bar** **\$12.95 / \$13.95**
 A choice of Diced Chicken, Diced Steak or Grilled Vegetables seasoned with taco Spices and served with Cheese, Sour Cream, Guacamole, Chips and Salsa. All accompanied by Warm Tortillas, Spanish Rice and Beans.
- Fajita Fiesta Bar** **Chicken or Vegetarian \$12.95 / Steak \$13.95**
 A choice of Grilled Chicken Breast, Beef or Grilled Vegetables seasoned with Fajita Spices and served with Sour Cream, Guacamole, Chips and Salsa. All accompanied by Warm Tortillas, Spanish Rice and Beans.
- Authentic Enchiladas** **\$12.95**
 A classic Mexican specialty! Corn Tortillas filled with your choice of Chicken or Cheese, Baked in Enchilada Sauce. Served with Spanish Rice, Pinto Beans, Salsa, Guacamole, Sour Cream, and Tortilla Chips. (2 per person).
- Pork Chile Verde** **\$13.95**
 Diced Pork cooked in a delicious Tomatillo Chile Verde Sauce. Served with Spanish Rice, Pinto Beans, Salsa, Guacamole, Sour Cream, and Tortilla Chips.
- Ranchero Steak** **\$14.95**
 Sliced Steak cooked in a spicy tomato Ranchero Sauce. Served with Spanish Rice, Pinto Beans, Salsa, Guacamole, Sour Cream, and Tortilla Chips.
- A Taste of India** **\$13.95**
 Authentic Chicken Tikka Masala or Tofu Tikka Masala served with Biryani Rice, Vegetable Samosa, Naan and Cucumber Dip.

- Teriyaki Chicken or Tofu Steak** **\$10.95**
Authentic Grilled Teriyaki Chicken or Teriyaki Tofu Steak served with Steamed or Fried Rice and Stir Fry Seasonal Vegetables.
- Teriyaki Salmon** **\$14.95**
Authentic Grilled Teriyaki Salmon served with Steamed or Fried Rice and Stir Fry Seasonal Vegetables.
- Salmon w/ Pineapple Salsa** **\$14.95**
Grilled Salmon topped with Fresh Pineapple Salsa and served with Rice Pilaf and Stir Fry Seasonal Vegetables.
- China Town** **\$12.95**
A wonderful Chinese buffet with choice of Entrées. Choose from Broccoli Beef, Chicken & String Beans, Sweet & Sour Pork, Sweet & Sour Chicken, General Chicken, Orange Chicken or Garlic Sauce Tofu & Vegetables. Served with Steamed or Fried Rice and Vegetable Chow Mein.
- Tofu and Vegetable Stir Fry (Vegan)** **\$10.95**
Crispy Tofu and Vegetable Stir Fry with Hoisin Sauce served with Steamed Rice and Cucumber Salad.
- Thai Red Coconut Curry** **\$13.95**
Thai Red Coconut with Japanese Eggplant, Thai Basil, Zucchini and Bamboo Shoots served with Jasmine Rice and Cucumber Salad.
- Stuffed Chicken Breast** **\$13.95**
Chicken Breast stuffed with Spinach, Ham & Cheese served with a delicious Creamy White Sauce, Potatoes and Vegetables.
- Stuffed Pork Loin** **\$13.95**
Pork Tenderloin stuffed with Spinach, Herbs & Bacon served with a delicious House Gravy, Rice Pilaf and Vegetables.
- Cilantro Sweet Chili Chicken** **\$12.95**
A blend of Asian and Latin flavors! Chicken cooked in a Cilantro Sweet Chili Sauce served with Rice Pilaf and Tomato-Avocado Salad.
- Cilantro Sweet Chili Shrimp** **\$14.95**
A blend of Asian and Latin flavors! Jumbo Shrimp cooked in a Cilantro Sweet Chili Sauce served with Rice Pilaf and Tomato-Avocado Salad.
- Classic Meatloaf** **\$10.95**
Classic Meatloaf served with Mashed Potatoes and Seasonal Vegetables.

BBQ Chicken

\$10.95

BBQ Chicken Pieces Glazed in Sweet Smokey BBQ Sauce served with Potato Salad, Corn and Rolls.

BBQ Ribs

\$13.95

BBQ Ribs Glazed in Sweet Smokey BBQ Sauce served with Potato Salad, Corn and Rolls.

Jumbo Baked Potato Bar

\$10.95

Jumbo Baked Potatoes served with a huge toppings bar that includes: Meat or Vegetarian Chili, Sour Cream, Butter, Scallions, Shredded Cheese, Black Bean & Corn Blend, Chopped Tomatoes, and Chopped Bacon.

Add Roasted Chicken +\$2.00

Add Grilled Steak +\$4.00

Oven-Baked Pizza

Our Pizzas are baked hot just before delivery. Prices are per pizza. Each pizza serves 4-6.



Cheese Pizza

\$17.95

A blend of Mozzarella, Provolone and Parmesan Cheeses, and our own Tomato Sauce.

Pepperoni Pizza

\$20.50

Sliced Aged Pepperoni, Cheese and our own Tomato Sauce.

Hawaiian Pizza

\$20.50

Diced Ham, Fresh Pineapple, Red Onions, Cheese and our own Tomato Sauce.

Supreme Pizza

\$20.50

Pepperoni, Sausage, Ham, Bell Peppers, Spinach, Red Onion, Mushrooms, Olives, Cheese and our own Tomato Sauce.

Gourmet Veggie Pizza

\$20.50

Sautéed Spinach, Artichoke Hearts, Fresh Tomato, Roasted Garlic, Cheese and Creamy Garlic Sauce.

BBQ Chicken Pizza

\$20.50

Grilled Chicken, Tomatoes, Red Onions, Shredded Cheese Blend and Sweet Smokey BBQ Sauce.

Griller Selection

Griller Selections for the large Outdoor BBQ event. 10 order minimum, unless specified. Prices are per person.



Grilled Hot Dogs

\$5.95

Selection of Jumbo All Beef Hot Dogs on Gourmet Buns. Includes Chips and Condiment Bar with Mayo, Mustard, Ketchup, Relish, Shredded Cheese, Diced Tomato, and Onions.

BBQ Burgers

\$7.25

Gourmet Cheeseburgers on Fresh Buns. Includes Chips and Condiment Bar with Mayo, Mustard, Ketchup, Relish, Tomatoes, Lettuce, Pickles and Onions.

Spicy Buffalo Chicken Platter

\$7.95

6 Spicy Chicken Wings per person served with Bleu Cheese Dip and Potato Salad.

Appetizers, Snacks & Extras

10 order minimum, unless specified. Prices are per person.



Gourmet Mini Appetizers (2 pieces per order)

\$2.95 per person

Items require advance order due to limited availability. Please order 2-3 days in advance.

- Beef Empanadas**
- Chicken Quesadilla Cone**
- Chicken Skewer**
- Frank in a Blanket**
- Mushroom Risotto Triangles**
- Spanakopita**

Gourmet Mini Appetizers (2 pieces per order)

\$3.95 per person

Items require advance order due to limited availability. Please order 2-3 days in advance.

- Beef Wellington**
- Korean Steak Taco**
- Crab Cakes**
- Scallop in Bacon**
- Peking Duck Spring Rolls**

Cheese and Cracker Tray

\$5.25 per person

Assorted sampling of Cheese and Crackers

Vegetable Crudités

\$3.95 per person

A colorful array of Fresh Vegetables served with Ranch Dip.

House Pita Chips & Hummus

\$4.25 per person

House made pita chips with Hummus dips.

Fresh Fruit Platter

\$3.95 per person

Seasonal Fresh Fruits and Berries.

Fresh Fruit Kebab

\$2.95 each

Seasonal Fresh Fruit Skewers.

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| Pinwheel Sandwich Wraps | \$4.95 per person |
| Assorted wraps perfect as a bite-size appetizer. Includes ham, turkey, vegetarian and roast beef wraps. 2 per order | |
| Meatball Bites | \$2.25 per person |
| Meatball bites served with your choices of Teriyaki Sauce, Barbecue Sauce or Marinara Sauce. 2 per order | |
| Egg Roll w/ Dipping Sauce | \$2.50 per person |
| Chicken & Pork or Vegetable. 1 per order | |
| Pot Sticker Dumplings | \$1.95 per person |
| Chicken/Pork or vegetarian. 2 per order | |
| California Sushi Roll | \$2.95 per person |
| 2 per order | |
| Chips and Salsa Basket | \$2.25 per person |
| Fresh Salsa and Tortilla Chips | |
| Fiesta Dip | \$4.95 per person |
| 5-Layer Dip and Tortilla Chips. | |
| Side Garden Salad | \$2.45 per person |
| Served in a large bowl. | |
| Side Caesar Salad | \$2.95 per person |
| Served in a large bowl. | |
| Popcorn | \$1.50 per person |
| Trail Mix Packs | \$2.25 per person |
| Granola Bars | \$1.50 per person |
| Chips | \$1.50 per person |

Sweet & Savory

Selection of gourmet desserts, including pastries, cakes and premium ice cream. 10 order minimum, unless specified. Prices are per person.



The Sweet Tooth Break

\$7.95

Assorted Fresh Baked Cookies, Brownies and Pastries served with Freshly Brewed Gourmet Coffee and Tea.

Fresh Baked Cookies

\$1.25 ea

Fresh Brownies

\$2.25 ea

Fresh Lemon Bars

\$2.25 ea

Assorted Pastries

\$2.45 ea

Ice Cream Social

\$6.95

Make Your Own Sundae Bar! Choose From Vanilla, Chocolate or Strawberry Ice Cream with Chocolate, Strawberry and Caramel Sauces, Whipped Cream and Assorted Toppings. 15 order Minimum.

Custom Cakes

Market Price

Please contact our Catering Manager for any cake needs! We will work with you for the best options possible.

Beverage Selection

10 order minimum, unless specified. Prices are as noted.



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| Air-Pot of Coffee | \$18.95 |
| Gourmet Regular or Decaf Coffee. Includes creamer and sugar. Serves 8-10 (8 oz. cup). | |
| Large Urn of Coffee | \$45.00 |
| Gourmet Regular or Decaf Coffee. Includes creamer and sugar. Serves 25-30 (8 oz. cups). | |
| Tea Service | \$16.95 |
| Assorted teas. Includes creamer and sugar. Serves 8-10 (8 oz. cups). | |
| Canned Soda | \$1.25 ea |
| Bottled Water | \$1.25 ea |
| Bottled Fruit Juices | \$2.25 ea |
| Iced Tea Bottle | \$2.25 ea |
| Spa Water Pitcher | \$5.00 |
| Served in a fancy pitcher with fresh fruits and herbs. Serves 6-8. | |
| 3- Gallon Spa Water | \$25.00 |
| Serves 36-40 | |
| Sparkling Water Bottle | \$2.75 ea |
| Fruit Punch Bowl | \$1.50 per person |
| Iced Tea Dispenser | \$1.50 per person |

Additional Services

Please make all requests for Additional Services on the Catering Order Form when placing your order.

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| Off-site Delivery Fee | \$27.50 |
| Fee for off-site deliveries. | |
| Weekend/After Hours Services | 15% Service Charge |
| Fee for events before or after normal business hours, including weekends. | |
| Linen Charge - Details Below | |
| Charged per order. | |
| Small Events (1-2 linens) | \$2.50 |
| Large Events (2-5 linens) | \$5.00 |
| Extra Large Events (6+ linens) | \$10.00 |
| Special Events | Market Price |
| China Service | Market Price |
| Per person China Service includes china plates, stainless flatware, glassware and linen napkins. Full Service Breakfast, Lunch or Dinner Service-ware. | |
| Dedicated Server – Regular Hours | \$20.00/hour |
| Per hour cost for a dedicated server at your event, with a 2 hour minimum. | |
| Dedicated Server – Weekend/After Hours | \$27.50/hour |
| Per hour cost for a dedicated server at your event, with a 2 hour minimum. | |

Order Lead Times & Late Fees

In order to have enough time to order supplies and prepare for a successful event, we ask that you take into consideration order lead times. We will try our best to accommodate any and all orders, including last minute orders because we do understand hectic schedules. Our lead time policy is below. ***Please note that late fees are applied at the discretion of cafeteria management.***

1. For events of **0-25 Attendees** please order **24 hours** in advance or a **late fee of \$25 or 10%, whichever is greater** will apply.
2. For events of **25-50 Attendees** please order **48 hours** in advance or a **late fee of \$50 or 10%, whichever is greater** will apply.
3. For events of **50+ Attendees** please order **72 hours** in advance or a **late fee of 20%** will apply.

Please take into consideration that hot food caterings may require more lead time.